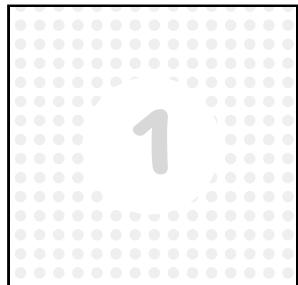


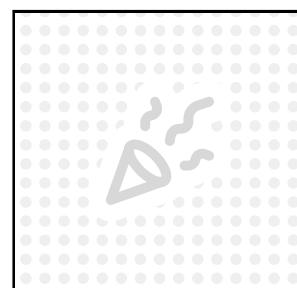
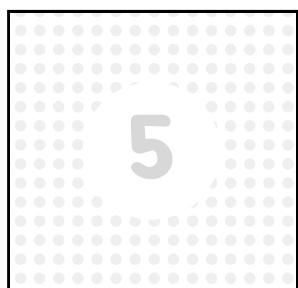
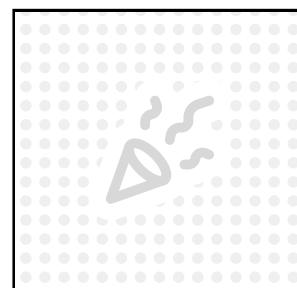
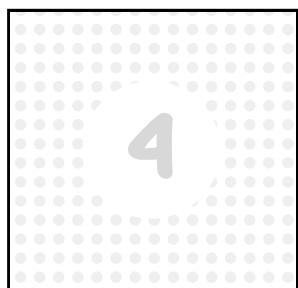
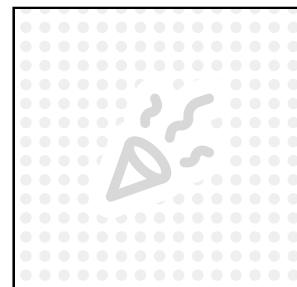
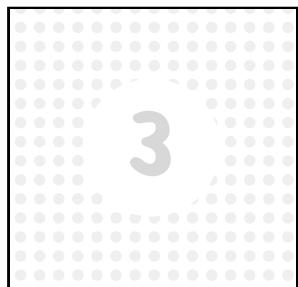
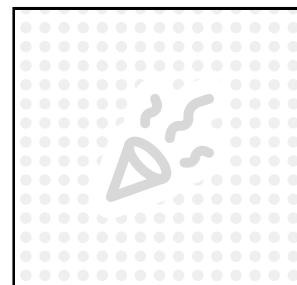
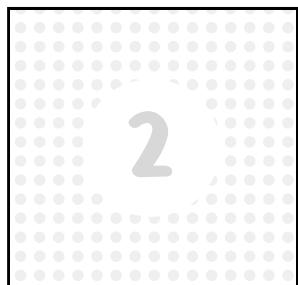
Good & Fun Routine

A Visual Support by The Catbears

Good Things



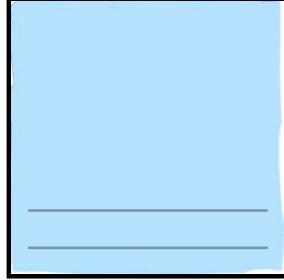
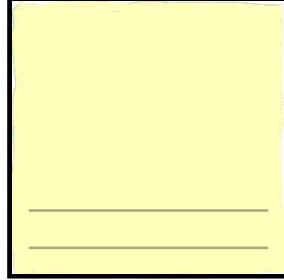
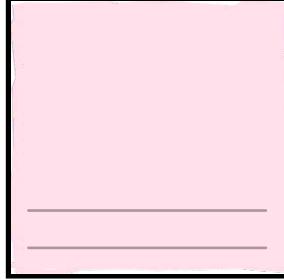
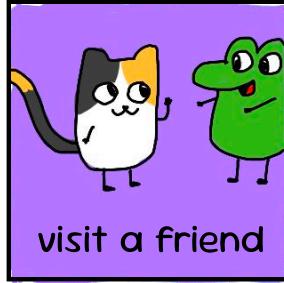
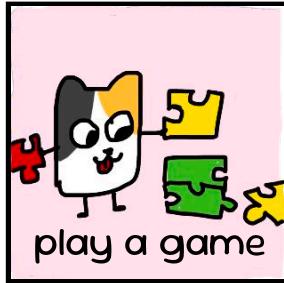
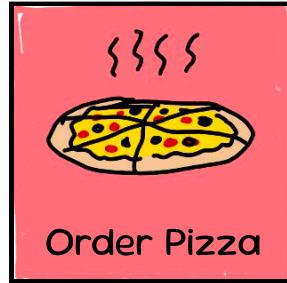
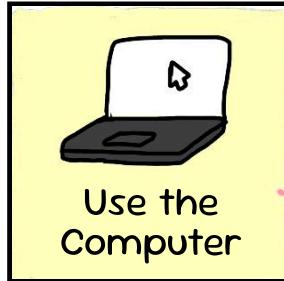
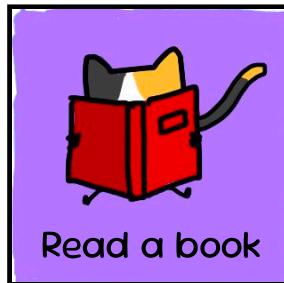
Fun Stuff



Good Things



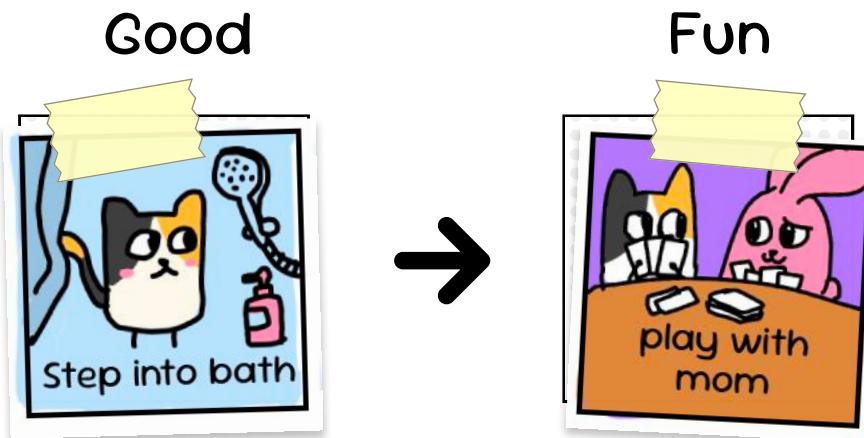
Fun Stuff



How to use Good & Fun Routine:

- 1** **Cut:** Get a pair of scissors and cut all the good things and the fun stuff in two separate piles.
- 2** **Pick your "Good Things":** These are the important jobs that help you grow and stay healthy.
- 3** **Pick your "Fun Stuff":** These are the activities you love most, like games or play time.
- 4** **Tape:** Tape them together in the Good & Fun Routine page, to show that finishing the good thing earns the fun stuff.
- 5** **Follow the arrows:** Do one "Good Thing" to earn one "Fun Stuff".

Example:



Every time you finish a row, you've done a great job managing your day! We hope this helps you with your daily routine. Remember, even small changes can sometimes make big differences!

Love,
The Catbears.

